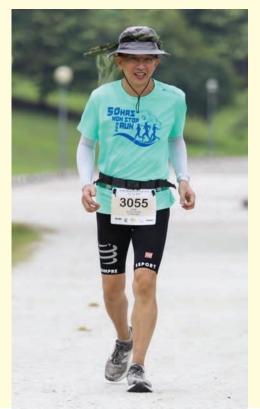
If someone forces you to go one mile, go with him two miles. Matthew 5:41

#### WHY RUN?

"Two years ago, I did my first fund-raising run to raise funds for a school building project (Petra Preschool). Many generous friends contributed a total of \$7,025 towards the building cost. The preschool has been running for two years now in the new building and 80 children enjoy their new classrooms and playground very much.

One thing I've learnt from running, you need to put in consistent effort to maintain your fitness. For a run of this distance, there's also a need to constantly re-fuel and re-hydrate to be able to last the distance. Similarly, for the children's home to go the distance and sustain its work in the long run, it needs regular funding."

Ang Hock Chuan (below), Good Samaritan and finisher of 86km, 50 Hrs Non-Stop-Run 2019, organised by Tampines West CSC.



### Run For Funds - 86km Marathon!

On 2019, Ang Hock Chuan ran 86km to raise funds for our two orphanages. Thank you for your hard work and compassionate heart for the children of Towdah!

Two years ago he also ran in a marathon and raised about one-quarter of the funds needed to build a preschool which is very well run by the principal and partner of Towdah, Oma Elsje Rompis.









# Training in Progress

#### INTERNSHIPS

From January to July 2019, two of our older children from Towdah Uban (Bintan) orphanage will be doing their compulsory practical internship as part of their senior high school curriculum.

We were very happy to have placed Semangat who attends the navy school in a Singapore-owned shipping company. Liber who is doing a computer course secured a place in Banyan Tree Training Department with the help of our friends, General Manager Mr Alpha and Tom, in Banyan Tree Bintan Resort.





#### **DOLLARS AND SENSE**

During the first week of Ramadan, our children from Towdah Uban were encouraged to set up a small business to sell snacks for buka puasa. Along with some friends, they sold kue kue, nasi goreng and pudding outside our Dapur Berkat.







## Batam Home: A Hole in the Roof

Towdah Sinar Batam orphanage has been leaking very badly due to a large hole in roof as you can see in the photo on the right. It is an old house which has required constant repairs over the last three years.

It would be ideal for us to buy or rent a new house but it is difficult to find a building suitable and big enough to house 25 residents in a neighbourhood that would not mind having us . Our children can be a bit loud!

We hope to fix the roof as soon as possible. Please pray with us as we seek the Lord's guidance on what to do next. The houseparents who have been living there are reluctant to move at this stage.

Furthermore, rental for this house which is \$1200 a year is due in August. The owner has kindly kept the rent low for us but it means he is also reluctant to pay for any major repairs.

Currently, we are extending the roof over the area outside to allow us to use the space more effectively, such as an area for washed clothes to dry when it rains.

We may also be taking in more children in the near future as we have been recently approached by a couple of families in need of help.





### Livelihood Programme: Supporting Families

Towdah Livelihood Programme aims to help different women in Batam and Bintan earn from baking cakes and cooking to supplement their family income. Any profits will be channelled to fund the Towdah Feed in Love programme. These are our bestsellers! If you would like to order, please contact Charlotte at 96791504. Available: Kue lapis original, kue lapis prune, cheddar cheesecake 8cm, choco brownies, almond brownies, peyek or peanut and bilis crackers, banana chips, tapioca chips (spicy and plain) and onde onde cake 10cm by 20cm or 20cm by 20cm less sugar version. Self-collection only.















# Treasure Bay CSR

Our Towdah Uban children were treated to a lovely day out at Treasure Bay's organic farm and water park on 27 April 2019. The children  $got \ to \ learn \ about \ farming, harvesting \ their \ own \ kangkung \ and \ spinach, \ and \ having \ a \ refreshing \ swim \ in \ the \ beautiful \ clear \ waters. Thank$ you to HR Director, Ibu Nana, and team for organising the games and for providing lunch for all our children. They had such a great time!











If you wish to make a love gift to 5miles, please contact Charlotte at danchar@singnet.com.sg or WhatsApp 96791504.

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